

# Montana Statewide Family Planning Program



## WHAT IS FAMILY PLANNING?

Montana's publicly funded family planning programs are an integral part of public health and primary prevention.

### Family Planning:

- ~ **Improves...**
  - the health of men, women, and children
- ~ **Reduces...**
  - the need for abortions
  - expenditures for high risk infant care
- ~ **Promotes...**
  - responsible behavior
  - the well-being of families
- ~ **Allows...**
  - pregnancies to be wanted and planned when couple are best able to care for new children

## WHAT DO FAMILY PLANNING PROGRAMS PROVIDE?

Family Planning services are voluntary and confidential:

### Medical Services

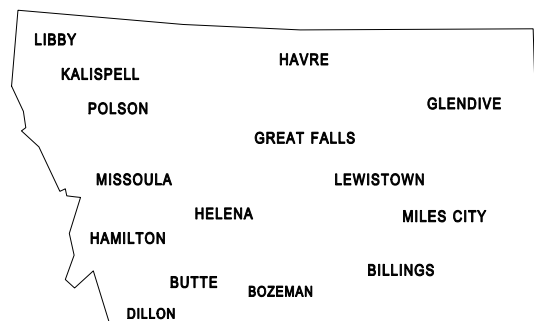
- male and female physical exams
- cervical cancer screening
- breast cancer screening
- STD testing and treatment
- anemia screening
- pregnancy testing & counseling
- male and female birth control
- male and female sterilization

### Education and Counseling

- reproductive health
- breast/testicular exam
- birth control
- STD/HIV risks
- infertility
- Referral and linkages with community resources

- ~ No one is refused services because of inability to pay.

## WHERE ARE FAMILY PLANNING CLINICS LOCATED?



In Montana, there are 15 Title X Family Planning clinics (see map) offering services in 29 locations.

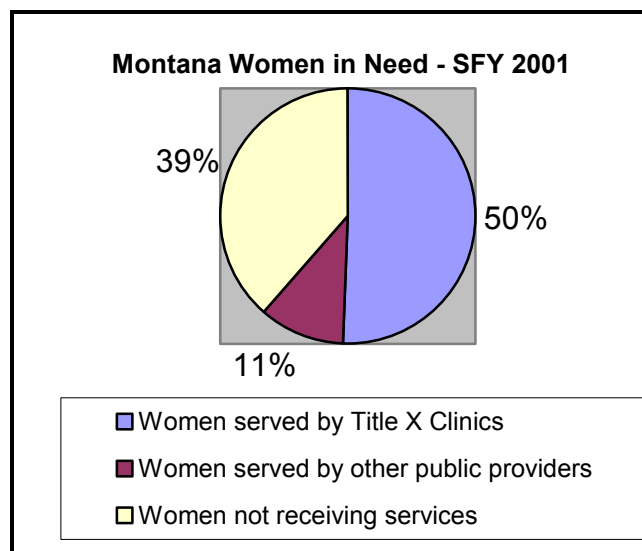
## WHAT ARE THE BENEFITS OF FAMILY PLANNING?

- ~ IMPROVE AND MAINTAIN the emotional and physical health of men, women and children
- ~ MEET THE NEEDS of those who otherwise cannot afford services and could eventually become dependent on government services. In SFY 2002 the annual cost for a mother and an unplanned child in Montana are:
  - \$7,680 - FAIM and food stamps
  - \$1,809 - Medicaid Delivery and Well-baby Check-ups for first year <sup>1</sup>
  - \$15,743 - Medicaid costs for health care associated with a high-risk pregnancy (SFY 2002)
- ~ SAVE TAXPAYER DOLLARS. For every dollar invested in family planning, federal, state and local governments save an average of \$4.40 in short-term benefits and \$26 in long-term benefits
- ~ IMPROVE PREGNANCY OUTCOMES by reducing low birth weight babies, infant mortality and maternal health problems
- ~ ASSIST COUPLES in having the number of children they desire so that every child is intended and loved.

## WHAT IS THE NEED FOR FAMILY PLANNING IN MONTANA?

- ~ Of the 54,990 women in need of subsidized family planning services in Montana, 48% (26,297) did not receive Title X funded services in SFY 2003.\*

\* Most current date. SOURCE: AWomen in Need.@The Alan Guttmacher Institute. Estimated number of women in need of contraceptive services in 2000, and the number of contraceptive clients served by public provider other than Title X, 2003.



<sup>1</sup> Figure includes global delivery fee and first 12 months of pediatric costs based on FY 2004 Fee Schedule.

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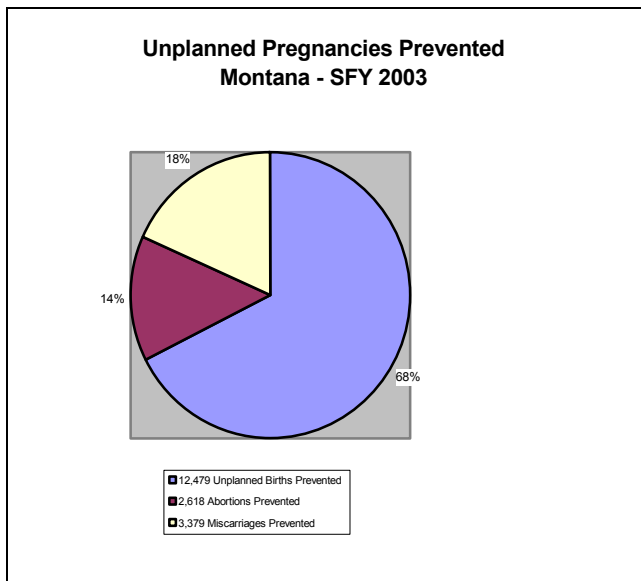


## ACCOMPLISHMENTS

- ~ The majority of clients served by family planning programs (72%) in SFY 2003 lived in families with incomes at or below 150% of the poverty level.
- ~ In SFY 2003, medical and educational services were provided to women from 55 of Montana's 56 counties.
- ~ The provision of family planning services throughout the state have contributed to the declining rate of births to Montana teens. From 1995 to 2002 the birth rate for teens declined by almost 23%.
- ~ Due to a statewide screening program for chlamydia, the percentage of family planning clients infected with chlamydia has decreased from 6.8% in 1987 to 2.5% in SFY 2003.
- ~ In SFY 2003, Family Planning programs detected or referred for treatment:

1070 Abnormal PAP Test Referrals  
10 cases of anemia  
733 cases of chlamydia  
49 cases of gonorrhea  
70 cases of breast diseases  
149 cases of other physical findings  
283 cases of high blood pressure

- ~ In SFY 2003 statewide family planning programs prevented an estimated **18,480 unplanned pregnancies**.



### Pregnancies prevented would have included:

- ~ 375 infants with congenital abnormalities
- ~ 375 infants with hypoxic brain damage
- ~ 60 infants with chromosomal abnormalities
- ~ 832 high-risk premature deliveries

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## ACCOMPLISHMENTS – UNPLANNED PREGNANCIES PREVENTED SFY 2003

| FAMILY PLANNING PROGRAM | PREGNANCIES PREVENTED | BIRTHS PREVENTED | ABORTIONS PREVENTED | MISCARRIAGES PREVENTED |
|-------------------------|-----------------------|------------------|---------------------|------------------------|
| Billings                | 2948                  | 1990             | 5418                | 540                    |
| Bozeman                 | 4374                  | 2952             | 621                 | 800                    |
| Butte                   | 1,242                 | 839              | 176                 | 228                    |
| Dillon                  | 264                   | 179              | 37                  | 48                     |
| Glendive                | 549                   | 371              | 77                  | 99                     |
| Great Falls             | 1469                  | 992              | 209                 | 269                    |
| Hamilton                | 318                   | 215              | 44                  | 57                     |
| Havre                   | 519                   | 351              | 73                  | 95                     |
| Helena                  | 1209                  | 818              | 170                 | 220                    |
| Kalispell               | 1840                  | 1242             | 262                 | 337                    |
| Lewistown               | 384                   | 260              | 53                  | 71                     |
| Libby                   | 369                   | 249              | 52                  | 66                     |
| Miles City              | 392                   | 265              | 55                  | 71                     |
| Missoula                | 2248                  | 1517             | 320                 | 413                    |
| Polson                  | 355                   | 239              | 51                  | 65                     |
| <b>STATEWIDE</b>        | <b>18,480</b>         | <b>12,479</b>    | <b>2,618</b>        | <b>3,379</b>           |

SOURCE: Contraceptive Technology, 16th Revised Edition, Table 27-1, T. James Trussell.

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## FAMILY PLANNING CLIENTS SERVED IN SFY 2003

| <u>Title X Programs</u> | <u>Clients Served</u> | <u>Title X Programs</u> | <u>Clients Served</u> |
|-------------------------|-----------------------|-------------------------|-----------------------|
| Billings                | 5185                  | Helena                  | 2013                  |
| Bozeman                 | 6424                  | Kalispell               | 2652                  |
| Butte                   | 2080                  | Lewistown               | 498                   |
| Dillon                  | 378                   | Libby                   | 521                   |
| Glendive                | 727                   | Miles City              | 625                   |
| Great Falls             | 2288                  | Missoula                | 3518                  |
| Hamilton                | 474                   | Polson                  | 587                   |
| Havre                   | 723                   |                         |                       |
|                         |                       | <b>TOTAL:</b>           | <b>28,693</b>         |
| <u>County</u>           | <u>Clients Served</u> | <u>County</u>           | <u>Clients Served</u> |
| Beaverhead              | 397                   | Missoula                | 3303                  |
| Big Horn                | 41                    | Musselshell             | 46                    |
| Blaine                  | 67                    | Park                    | 435                   |
| Broadwater              | 48                    | Petroleum               | 4                     |
| Carbon                  | 117                   | Phillips                | 157                   |
| Carter                  | 14                    | Pondera                 | 38                    |
| Cascade                 | 2070                  | Powder River            | 40                    |
| Chouteau                | 39                    | Powell                  | 81                    |
| Custer                  | 546                   | Prairie                 | 14                    |
| Daniels                 | 15                    | Ravalli                 | 590                   |
| Dawson                  | 286                   | Richland                | 283                   |
| Deer Lodge              | 525                   | Roosevelt               | 14                    |
| Fallon                  | 97                    | Rosebud                 | 37                    |
| Fergus                  | 422                   | Sanders                 | 88                    |
| Flathead                | 2503                  | Sheridan                | 0                     |
| Gallatin                | 5875                  | Silver Bow              | 1314                  |
| Garfield                | 6                     | Stillwater              | 56                    |
| Glacier                 | 108                   | Sweetgrass              | 50                    |
| Golden Valley           | 5                     | Teton                   | 59                    |
| Granite                 | 50                    | Toole                   | 20                    |
| Hill                    | 494                   | Treasure                | 4                     |
| Jefferson               | 176                   | Valley                  | 9                     |
| Judith Basin            | 31                    | Wheatland               | 66                    |
| Lake                    | 531                   | Wibaux                  | 20                    |
| Lewis and Clark         | 1838                  | Yellowstone             | 4783                  |
| Liberty                 | 11                    |                         |                       |
| Lincoln                 | 527                   | Out-of-state            | 134                   |
| Madison                 | 46                    |                         |                       |
| McCone                  | 15                    | Unknown                 | 55                    |
| Meagher                 | 23                    |                         |                       |
| Mineral                 | 65                    | <b>TOTAL:</b>           | <b>28,693</b>         |